

Standard Measuring, Ener-G Egg Replacer  
In pounds and ounces

<b>Whole Egg (Large)</b>	<b>Ener-G Egg Replacer and Water</b>
1 large egg (30g)	4g. Egg Replacer and (30g. Water)
7 large eggs (12-1/3 oz)	1 oz. Egg Replacer and ( 7-2/5 oz. Water)
14 large eggs (1.5 pounds or 1 lb & 8 oz.)	2 oz. Egg Replacer and (.93lb or 14-4/5 oz. Water)
21 large eggs (2.3 Pounds or 2 lb & 5 oz.)	3 oz. Egg Replacer and (1.4lb or 22-1/5 oz. Water)
28 large eggs (3.08 pounds or 3 lb. & 1.3 oz.)	4 oz. Egg Replacer and (1.9lb or 29-3/5 oz. Water)
35 large eggs (3.9 pounds or 3 lb. & 14 oz.)	5 oz. Egg Replacer and (2.3lb or 37 oz. Water)
<b>Egg White (from Large Egg)</b>	<b>Ener-G Egg Replacer and Water</b>
1 large Egg White (33g)	4g Ener-G Egg Replacer & 30g Water
7 large Egg Whites (8.2oz)	1 oz., Ener-G Egg Replacer and 7-2/5 oz. Water
14 large Egg Whites (16.3oz.)	2 oz. Ener-G Egg Replacer and 14-4/5 oz. Water
21 large Egg Whites (24.6oz.)	3 oz. Ener-G Egg Replacer and 22-1/5 oz. Water
28 large Egg Whites (32.8oz.)	4 oz. Ener-G Egg Replacer and 29-4/5 oz. Water
35 large Egg Whites (49.2oz)	5 oz. Ener-G Egg Replacer and 37 oz. Water
6 large Egg Whites (7oz.)	4/5 oz. Egg Replacer & 6.4 oz. Water
<b>Egg Yolk (from Large Egg)</b>	<b>Ener-G Egg Replacer and Water</b>
1 large Egg Yolk (17g)	4g. Ener-G Egg Replacer & 30g. Water
7 large Egg Yolks (4.2oz.)	1 oz. Ener-G Egg Replacer and 7-2/5 oz. Water
14 large Egg Yolks (8-2/5oz)	2 oz. Ener-G Egg Replacer and 14-4/5 oz. Water
21 large Egg Yolks (12-3/5oz)	3 oz. Ener-G Egg Replacer and 22-1/5 oz. Water
28 large Egg Yolks (16-4/5oz)	4 oz. Ener-G Egg Replacer and 29-4/5 oz. Water
35 large Egg Yolks (21oz)	5 oz. Ener-G Egg Replacer and 37 oz. Water

The above converts with Ener-G Egg Replacer on a per egg equivalent, using 1-1/2 tsp. dry Ener-G Egg Replacer per egg, per egg white and per egg yolk. Each large egg yolk weighs about 17g and contains about 4-1/2g of fat and 1-1/2g lecithin. You may need to add some additional oil (fat) and lecithin to maintain softness and a proper viscosity.